Outline of section 5

Angular momentum in quantum mechanics

- · Classical definition of angular momentum
- Linear Hermitian Operators for angular momentum Commutation relations Physical consequences
- Simultaneous eigenfunctions of total angular momentum and the z-component Vector model
- Spherical harmonics
 Orthonormality and completeness

Classical angular momentum

For a <u>classical</u> particle, the angular momentum is defined by

$$\mathbf{L} = \mathbf{r} \times \mathbf{p}$$
$$= L_x \mathbf{i} + L_y \mathbf{j} + L_z \mathbf{k}$$

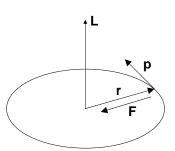
In components

$$L_{x} = yp_{z} - zp_{y}$$

$$L_{y} = zp_{x} - xp_{z}$$

$$L_{z} = xp_{y} - yp_{x}$$

Same of



Same origin for r and F

Angular momentum is very important in problems involving a **central force** (one that is always directed towards or away from a central point) because in that case it is **conserved**

$$\frac{d\mathbf{L}}{dt} = \frac{d}{dt}(\mathbf{r} \times \mathbf{p}) = \frac{d\mathbf{r}}{dt} \times \mathbf{p} + \mathbf{r} \times \frac{d\mathbf{p}}{dt}$$
$$= (\frac{\mathbf{p}}{m} \times \mathbf{p}) + (\mathbf{r} \times \mathbf{F}) = 0.$$

Hermitian operators for quantum angular momentum

In quantum mechanics we get linear Hermitian angular momentum operators from the classical expressions using the postulates

$$\mathbf{r} \to \hat{\mathbf{r}} = \mathbf{r}, \quad \mathbf{p} \to \hat{\mathbf{p}} = -i\hbar\nabla$$

 $\mathbf{L} = \mathbf{r} \times \mathbf{p} \to \hat{\mathbf{L}} = -i\hbar\mathbf{r} \times \nabla$

$$\begin{bmatrix} L_{x} = yp_{z} - zp_{y} \\ L_{y} = zp_{x} - xp_{z} \\ L_{z} = xp_{y} - yp_{x} \end{bmatrix} \Longrightarrow \begin{bmatrix} \hat{L}_{x} = y\hat{p}_{z} - z\hat{p}_{y} \\ \hat{L}_{y} = z\hat{p}_{x} - x\hat{p}_{z} \\ \hat{L}_{z} = x\hat{p}_{y} - y\hat{p}_{x} \end{bmatrix} \Longrightarrow \begin{bmatrix} \hat{L}_{x} = -i\hbar \left[y\frac{\partial}{\partial z} - z\frac{\partial}{\partial y} \right] \\ \hat{L}_{y} = -i\hbar \left[z\frac{\partial}{\partial x} - x\frac{\partial}{\partial z} \right] \\ \hat{L}_{z} = -i\hbar \left[x\frac{\partial}{\partial y} - y\frac{\partial}{\partial x} \right] \end{bmatrix}$$

Commutation relations

The different components of angular momentum do not commute with one another, e.g.

Proof:
$$\left[\hat{L}_x, \hat{L}_y\right] = \hat{L}_x \hat{L}_y - \hat{L}_y \hat{L}_x$$

$$\boxed{\left[\hat{L}_{x},\hat{L}_{y}\right]=i\hbar\hat{L}_{z}}$$

$$\begin{bmatrix} \hat{L}_x = y \hat{p}_z - z \hat{p}_y \\ \hat{L}_y = z \hat{p}_x - x \hat{p}_z \\ \hat{L}_z = x \hat{p}_y - y \hat{p}_x \end{bmatrix}$$

$$\begin{bmatrix} [x, p_x] = i \hbar \\ [y, p_y] = i \hbar \\ [z, p_z] = i \hbar \end{bmatrix}$$

Similar arguments give the cyclic permutations

$$\left[\hat{L}_{y},\hat{L}_{z}\right]=i\hbar\hat{L}_{x}$$

$$\left[\hat{L}_z, \hat{L}_x\right] = i\hbar \hat{L}_y$$

Summarize these as

$$\left[\hat{L}_{i},\hat{L}_{j}\right]=i\hbar\hat{L}_{k}$$

where i, j, k obey a cyclic (x, y, z) relation

Commutation relations (2)

The different components of **L** do not commute with each another, but they do commute with the squared magnitude of the angular momentum vector:

$$\hat{L}^2 = \hat{L}_x^2 + \hat{L}_y^2 + \hat{L}_z^2$$

Proof: $\left[\hat{L}_x, \hat{L}^2\right] =$

Similar proofs for the other components

$$\left[\hat{L}_x, \hat{L}^2\right] = \left[\hat{L}_y, \hat{L}^2\right] = \left[\hat{L}_z, \hat{L}^2\right] = 0$$

Commutation relations (3)

The different components of angular momentum do not commute

- L_x , L_y and L_z are not compatible observables
- They do not have simultaneous eigenfunctions (except when L = 0)
- · We can not have perfect knowledge of any pair at the same time

BUT, the different components all commute with L2

- · L2 and each component are compatible observables
- $\bullet \quad \text{We can find simultaneous eigenfunctions of L^2 and one component}\\$

CONCLUSION

We can find simultaneous eigenfunctions of one component of angular momentum and L^2 . Conventionally we chose the z component. Next step is to find these eigenfunctions and study their properties.

$$\hat{L}_z \psi = \alpha \hbar \psi$$
$$\hat{L}^2 \psi = \beta \hbar^2 \psi$$

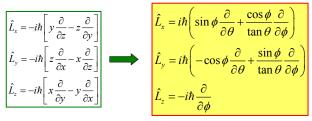
What determines the direction of the z-axis?

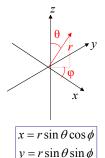
In an experiment we usually have one or more privileged directions (e.g. the direction of an external electric or magnetic field) which gives a natural z axis. If not, this direction is purely arbitrary and no physical consequences depend on what choice we make.

Angular momentum in spherical polar coordinates

Spherical polar coordinates are the natural coordinate system in which to describe angular momentum: $x, y, z \rightarrow r, \theta, \phi$

The angular momentum operators only depend on the angles θ and ϕ and not on the radial coordinate r.





 $z = r \cos \theta$

$$\hat{L}^2 = \hat{L}_x^2 + \hat{L}_y^2 + \hat{L}_z^2 = -\hbar^2 \left[\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right]$$

Note: The angular momentum operators commute with any operator which only depends on r. L² is closely related to the angular part of the Laplacian (see 2B72 and Section 6).

L₇ in spherical polars

Proof that

$$L_z = -i\hbar \frac{\partial}{\partial \phi}$$

$$x = r \sin \theta \cos \phi$$
$$y = r \sin \theta \sin \phi$$
$$z = r \cos \theta$$

$$\frac{\partial}{\partial \phi} = \frac{\partial x}{\partial \phi} \frac{\partial}{\partial x} + \frac{\partial y}{\partial \phi} \frac{\partial}{\partial y} + \frac{\partial z}{\partial \phi} \frac{\partial}{\partial z}$$

$$\hat{L}_z = -i\hbar \left[x \frac{\partial}{\partial y} - y \frac{\partial}{\partial x} \right]$$

$$\label{eq:Lz} \boxed{\hat{L}_z = -i\hbar \bigg[x \frac{\partial}{\partial y} - y \frac{\partial}{\partial x} \bigg]}$$

$$x = r \sin \theta \cos \phi \implies \frac{\partial x}{\partial \phi} = -r \sin \theta \sin \phi = -y$$

$$y = r \sin \theta \sin \phi \implies \frac{\partial y}{\partial \phi} = r \sin \theta \cos \phi = x$$

$$z = r \cos \theta \implies \frac{\partial z}{\partial \phi} = 0$$

$$\boxed{\frac{\partial}{\partial \phi} = -y \frac{\partial}{\partial x} + x \frac{\partial}{\partial y} = \frac{i}{\hbar} \hat{L}_z}$$

Eigenfunctions of L_z

Look for simultaneous eigenfunctions of L^2 and L_z

First find the eigenvalues and eigenfunctions of L_z . Can only depend on the angle ϕ

$$\hat{L}_z \Phi_\alpha (\phi) = \alpha \hbar \Phi_\alpha (\phi)$$

$$-i\hbar \frac{\partial}{\partial \phi} \Phi_\alpha (\phi) = \alpha \hbar \Phi_\alpha (\phi)$$

$$\Rightarrow \Phi_\alpha (\phi) = A \exp(i\alpha \phi)$$

$$L_z = -i\hbar \frac{\partial}{\partial \phi}$$

Normalize solution

$$\int_{0}^{2\pi} d\phi \left| \Phi_{\alpha} \left(\phi \right) \right|^{2} = 1$$

$$\left|\Phi_{\alpha}(\phi)\right|^{2} = A^{*} \exp(-i\alpha\phi) A \exp(i\alpha\phi) = \left|A\right|^{2}$$

$$\left|A\right|^2 \int_0^{2\pi} d\phi = 2\pi \left|A\right|^2 = 1 \quad \Rightarrow \quad A = \frac{1}{\sqrt{2\pi}}$$

$$\Phi_{\alpha}(\phi) = \frac{1}{\sqrt{2\pi}} \exp(i\alpha\phi)$$

Eigenfunctions of L_z (2)

Boundary condition: wave-function must be single-valued

$$\Phi_{\alpha}(\phi) = \frac{1}{\sqrt{2\pi}} \exp(i\alpha\phi)$$

$$\Phi(\phi + 2\pi) = \Phi(\phi)$$

$$\Rightarrow \exp(i\alpha\phi) = \exp(i\alpha\phi)\exp(2\pi i\alpha)$$

$$\Rightarrow \exp(2\pi i\alpha) = 1$$

$$\Rightarrow \alpha = m = 0, \pm 1, \pm 2, \pm 3...$$

The angular momentum about the z-axis is quantized in units of hbar (compare Bohr model). The possible results of a measurement of L, are

$$L_z = m\hbar$$
$$m = integer$$

So the eigenvalue equation and eigenfunction solution for $\boldsymbol{L}_{\!\boldsymbol{z}}$ are

$$\left| \hat{L}_z \Phi_m \left(\phi \right) = m \hbar \Phi_m \left(\phi \right) \right|$$

$$\Phi_m(\phi) = \frac{1}{\sqrt{2\pi}} \exp(im\phi)$$

Orthonormality and completeness

L, is a Hermitian operator. Its eigenfunctions are orthonormal and complete for all functions of the angle $\psi(\phi+2\pi)=\overline{\psi(\phi)}$ ϕ that are periodic when ϕ increases by 2π .

$$\psi(\phi+2\pi)=\psi(\phi)$$

Orthonormality

$$\int_{0}^{2\pi} \Phi_{m}^{*}(\phi) \Phi_{n}(\phi) d\phi = \frac{1}{2\pi} \int_{0}^{2\pi} \exp(i(n-m)\phi) d\phi = \delta_{mn}$$

Completeness

$$\psi(\phi) = \sum_{m=-\infty}^{\infty} a_m \Phi_m(\phi)
a_m = \int_{0}^{2\pi} \Phi_m^*(\phi) \psi(\phi) d\phi$$

$$\Phi_m(\phi) = \frac{1}{\sqrt{2\pi}} \exp(im\phi)
a_m = \int_{0}^{2\pi} \Phi_m^*(\phi) \psi(\phi) d\phi$$

$$a_{m} = \int_{0}^{2\pi} \Phi_{m}^{*}(\phi) \psi(\phi) d\phi$$

$$\Phi_m(\phi) = \frac{1}{\sqrt{2\pi}} \exp(im\phi)$$

Example

$$\Phi_m(\phi) = \frac{1}{\sqrt{2\pi}} \exp(im\phi)$$

A particle has the angular wavefunction

$$\psi(\phi) = \sqrt{\frac{1}{3\pi}} (1 + i\cos 3\phi), \quad 0 \le \phi \le 2\pi$$

Find, by inspection or otherwise, the coefficients $\boldsymbol{a}_{\mathrm{m}}$ in the expansion

$$\psi\left(\phi\right) = \sum_{m=-\infty}^{\infty} a_m \Phi_m\left(\phi\right)$$

Hence confirm that the wavefunction is normalized.

What are the possible results of a measurement of L, and their corresponding probabilities?

Hence find the expectation value of L₇ for many such measurements on identical particles.

Eigenfunctions of L²

Now look for eigenfunctions of L^2

$$\hat{L}^{2} f(\theta, \phi) = \beta \hbar^{2} f(\theta, \phi)$$

$$\hat{L}^{2} = -\hbar^{2} \left[\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^{2} \theta} \frac{\partial^{2}}{\partial \phi^{2}} \right]$$

Try a separated solution of the form

$$f(\theta, \phi) = \Theta(\theta)\Phi(\phi) = \frac{1}{\sqrt{2\pi}} \exp(im\phi)\Theta(\theta)$$

(this ensures the solutions remain eigenfunctions of L_z)

Eigenvalue equation is

$$\hat{L}^{2} \left[\exp(im\phi)\Theta(\theta) \right] = \beta \hbar^{2} \exp(im\phi)\Theta(\theta)$$

We get the equation for $\Theta_{\beta m}(\theta)$ which depends on both β and m

$$\left[\frac{1}{\sin\theta}\frac{\partial}{\partial\theta}\left(\sin\theta\frac{\partial}{\partial\theta}\right) - \frac{1}{\sin^2\theta}m^2 + \beta\right]\Theta_{\beta m}(\theta) = 0$$

Eigenfunctions of L² (2)

Make the substitution

$$\mu = \cos \theta \Rightarrow \frac{\partial}{\partial \theta} = \frac{\mathrm{d}\mu}{\mathrm{d}\theta} \frac{\partial}{\partial \mu} = -\sin \theta \frac{\partial}{\partial \mu}$$

$$\left[\frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left(\sin \theta \frac{\partial}{\partial \theta} \right) - \frac{1}{\sin^2 \theta} m^2 + \beta \right] \Theta_{\beta m} (\theta) = 0$$

This gives the Legendre equation, solved in 2B72 by the Frobenius method.

$$\left| \frac{d}{\partial \mu} \left[\left(1 - \mu^2 \right) \frac{d\Theta_{\beta m}(\mu)}{\partial \mu} \right] + \left[\beta - \frac{m^2}{\left(1 - \mu^2 \right)} \right] \Theta_{\beta m}(\mu) = 0$$

We need solutions that are finite at $\mu = \pm 1$ (i.e. at $\theta = 0$ and $\theta = \pi$ since $\mu = \cos \theta$). This is only possible if β satisfies

$$\beta = l(l+1)$$
 where $l = 0, 1, 2, ...$ and $l \ge |m|$

This is like the SHO where we found restrictions on the energy eigenvalue in order to produce normalizable solutions.

Eigenfunctions of L² (3)

Label solutions to the Legendre equation by the values of I and m

$$\Theta_{\beta m}(\mu) \to \Theta_{lm}(\mu)$$

$$\beta = l(l+1)$$

$$\boxed{\frac{d}{\partial \mu} \left[\left(1 - \mu^2 \right) \frac{d\Theta_{lm}(\mu)}{\partial \mu} \right] + \left[l(l+1) - \frac{m^2}{\left(1 - \mu^2 \right)} \right] \Theta_{lm}(\mu) = 0}$$

For m = 0 the finite solutions are the **Legendre polynomials**

$$\Theta_{l,m=0}(\mu) = P_l(\mu) = P_l(\cos\theta)$$

$$\frac{\left[\Theta_{l,m=0}(\mu) = P_l(\mu) = P_l(\cos\theta)\right]}{\left[\Theta_{l,m=0}(\mu) = P_l(\mu) = P_l(\cos\theta)\right]}$$

$$\frac{P_0(\mu) = 1}{P_1(\mu) = \mu}$$

$$P_2(\mu) = \frac{1}{2}(3\mu^2 - 1)$$

For non-zero m the solutions are the associated Legendre polynomials

$$\Theta_{lm}(\mu) = P_l^m(\mu) = P_l^m(\cos\theta)$$

$$\Theta_{lm}(\mu) = P_l^m(\mu) = P_l^m(\cos\theta)$$

$$P_l^m(\mu) = (1 - \mu^2)^{|m|/2} \left(\frac{\mathrm{d}}{\mathrm{d}\mu}\right)^{|m|} P_l(\mu)$$

Note that these only depend on the size of m not on its sign

Eigenvalues of L²

So the eigenvalues of L2 for physically allowed solutions are

$$\beta h^2 = l(l+1)h^2$$
, where $l = 0, 1, 2, ...$ and $l \ge |m|$

The possible results for the measurement of the squared magnitude of the angular momentum are $L^2 = \beta \hbar^2 = l(l+1)\hbar^2$

The possible results for a measurement of the magnitude of the angular momentum are $|\mathbf{L}| = \sqrt{l(l+1)}\hbar$

From
$$l \ge |m|$$
 we get $-l \le m \le l$

For each I there are 2I+1 possible integer values of m

The restriction on the possible values of m is reasonable. The z-component of angular momentum can not be greater than the total! In fact, unless I = 0, the z-component is always less than the total and can never be equal to it. Why?

Summary

The simultaneous eigenfunctions of L_{ν} and L^{2} are

$$f(\theta,\phi) \propto P_l^m(\cos\theta) \exp(im\phi)$$

Eigenvalues of \hat{L}^2 are $l(l+1)\hbar^2$, with l=0,1,2,...

The integer *I* is known as the principal angular momentum quantum number. It determines the magnitude of the angular momentum

Eigenvalues of \hat{L}_z are $m\hbar$, with $-l \le m \le l$ (i.e. $m = -l, -l+1, \ldots, -1, 0, 1, \ldots, l-1, +l$)

The integer *m* is known as the **magnetic quantum number**. It determines the **z-component** of angular momentum. For each value of I there are **2I+1 possible values** of m.

The simultaneous eigenfunctions of L^2 and L_z do not correspond to definite values of L_x and L_y , because these operators do not commute with L_z . We can show, however, that the **expectation value** of L_x and L_y is zero for the functions $f(\theta, \phi)$.

The vector model

This is a useful semi-classical model of the quantum results.

Imagine L precesses around the z-axis. Hence the magnitude of $\bf L$ and the z-component $\bf L_z$ are constant while the x and y components can take a range of values and average to zero, just like the quantum eigenfunctions.

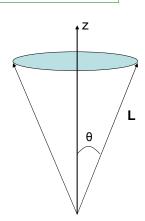
A given quantum number I determines the magnitude of the vector \boldsymbol{L} via

$$L^{2} = l(l+1)\hbar^{2}$$
$$|\mathbf{L}| = \sqrt{l(l+1)}\hbar$$

The z-component can have the 2l+1 values corresponding to

$$L_z = m\hbar, \quad -l \le m \le l$$

In the vector model this means that only particular special angles between the angular momentum vector and the z-axis are allowed



The vector model (2)

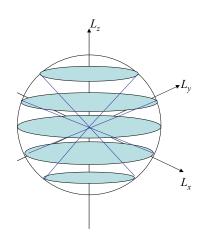
Example: I=2

Magnitude of the angular momentum is

$$L^{2} = l(l+1)\hbar^{2} = 6\hbar^{2}$$
$$|\mathbf{L}| = \sqrt{l(l+1)}\hbar = \sqrt{6}\hbar$$

Component of angular momentum in *z*- direction can be

$$-l \leq m \leq l \Longrightarrow L_z = -2\hbar, \ -\hbar, \ 0, \ \hbar, \ 2\hbar$$



Quantum eigenfunctions correspond to a cone of solutions for L in the vector model

Spherical harmonics

The simultaneous eigenfunctions of L^2 and L_z are usually written in terms of the **spherical harmonics**

$$f(\theta,\phi) \to Y_{lm}(\theta,\phi)$$

$$= N_{lm}P_{l}^{m}(\cos\theta)\exp(im\phi)$$

Proportionality constant N_{lm} is chosen to ensure normalization

NB. Some books write the spherical harmonics as $Y_l^m(\theta,\phi)$

Remember

$$x = r \sin \theta \cos \phi$$

 $y = r \sin \theta \sin \phi$
 $z = r \cos \theta$

$$\hat{L}_{z}Y_{lm}(\theta,\phi) = m\hbar Y_{lm}(\theta,\phi)$$

$$\hat{L}^{2}Y_{lm}(\theta,\phi) = l(l+1)\hbar^{2}Y_{lm}(\theta,\phi)$$

First few examples (see 2B72):

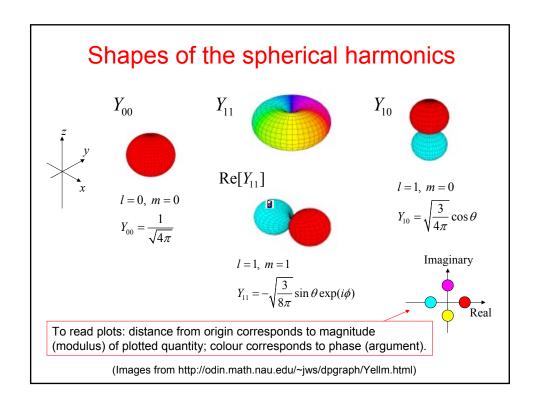
$$Y_{00}(\theta, \phi) = \frac{1}{\sqrt{4\pi}}$$

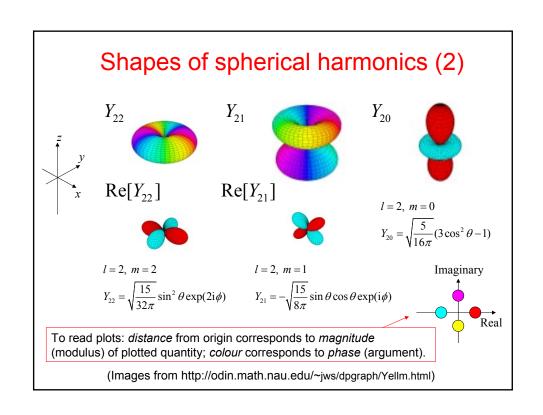
$$Y_{11}(\theta, \phi) = -\sqrt{\frac{3}{8\pi}} \sin \theta \exp(i\phi) = -\sqrt{\frac{3}{8\pi}} \frac{(x+iy)}{r}$$

$$Y_{10}(\theta, \phi) = \sqrt{\frac{3}{4\pi}} \cos \theta = \sqrt{\frac{3}{4\pi}} \frac{z}{r}$$

$$Y_{1-1}(\theta, \phi) = \sqrt{\frac{3}{8\pi}} \sin \theta \exp(-i\phi) = \sqrt{\frac{3}{8\pi}} \frac{(x-iy)}{r}$$

$$Y_{20}(\theta, \phi) = \sqrt{\frac{5}{16\pi}} \left(3\cos^2 \theta - 1\right)$$





Orthonormality of spherical harmonics

The spherical harmonics are eigenfunctions of Hermitian operators. Solutions for different eigenvalues are therefore automatically orthogonal when integrated over all angles (i.e. over the surface of the unit sphere). They are also normalized so they are orthonormal.

Integration is over the solid angle

$$d\Omega = \sin\theta d\theta d\phi$$

which comes from

$$d^{3}\mathbf{r} = r^{2}drd\Omega$$
$$= r^{2}dr\sin\theta d\theta d\phi$$

$$\int_{0}^{2\pi} d\phi \int_{0}^{\pi} d\theta \sin \theta \ Y_{lm}^{*}(\theta, \phi) Y_{l'm'}(\theta, \phi) = 1 \text{ if } l = l' \text{ and } m = m'$$

$$= 0 \text{ otherwise}$$

Convenient shorthand

$$\int d\Omega Y_{lm}^*(\theta,\phi)Y_{l'm'}(\theta,\phi) = \delta_{ll'}\delta_{mm'}$$

Compare: 1D Cartesian version of orthonormality $\int_{-\infty}^{\infty} \phi_n^*(x) \phi_n(x) dx = \delta_{mn}$

$$\int_{-\infty}^{\infty} \phi_n^*(x) \phi_m(x) dx = \delta_{mn}$$

Completeness of spherical harmonics

The spherical harmonics are a complete, orthonormal set for **functions of two angles**. Any function of the two angles θ and ϕ can be written as a linear superposition of the spherical harmonics.

$$f(\theta,\phi) = \sum_{l=0}^{\infty} \sum_{m=-l}^{l} a_{lm} Y_{lm}(\theta,\phi)$$

$$-l \le m \le l$$

Using orthonormality we can show that the expansion coefficients are

$$a_{lm} = \int d\Omega Y_{lm}^*(\theta, \phi) f(\theta, \phi)$$
$$= \int_0^{2\pi} d\phi \int_0^{\pi} d\theta \sin \theta Y_{lm}^*(\theta, \phi) f(\theta, \phi)$$

Compare: 1D version

$$\psi(x) = \sum_{n} a_{n} \phi_{n}(x)$$

$$\psi(x) = \sum_{n} a_{n} \phi_{n}(x)$$

$$a_{n} = \int_{-\infty}^{\infty} \phi_{n}^{*}(x) \psi(x) dx$$

Examples

$$f(\theta,\phi) = \sum_{l=0}^{\infty} \sum_{m=-l}^{l} a_{lm} Y_{lm}(\theta,\phi)$$

1) A particle has the un-normalized angular wavefunction

$$\psi(\theta,\phi) = \sqrt{\frac{4}{5}}Y_{00} + \sqrt{\frac{3}{5}}Y_{11} + \sqrt{\frac{2}{5}}Y_{10} + \sqrt{\frac{6}{5}}Y_{1-1} + Y_{21}$$

- a) Normalize this wavefunction.
- b) What are the possible results of a measurement of L_z and their corresponding probabilities? What is the expectation value of many such measurements?
- c) What are the possible results of a measurement of L^2 and their corresponding probabilities? What is the expectation value of many such measurements?

Examples (2)

1) A particle has normalized angular wavefunction

$$\psi(\theta,\phi) = \sqrt{\frac{15}{14\pi}}\cos 2\theta \sin \phi$$

Find the probability of measuring $L^2=2\hbar^2$

You can use the result
$$\int_{0}^{\pi} \cos 2\theta \sin^2 \theta d\theta = -\pi/4$$

$$\begin{aligned} & \overline{Y_{11}(\theta,\phi)} = -\sqrt{\frac{3}{8\pi}}\sin\theta\exp(i\phi) \\ & \overline{Y_{10}(\theta,\phi)} = \sqrt{\frac{3}{4\pi}}\cos\theta \\ & \overline{Y_{1-1}(\theta,\phi)} = \sqrt{\frac{3}{8\pi}}\sin\theta\exp(-i\phi) \end{aligned}$$

Summary

The simultaneous eigenfunctions of L_z and L² are the spherical harmonics $Y_{lm}(\theta,\phi)$

$$\hat{L}_{z}Y_{lm}(\theta,\phi) = m\hbar Y_{lm}(\theta,\phi)$$

$$\hat{L}^{2}Y_{lm}(\theta,\phi) = l(l+1)\hbar^{2}Y_{lm}(\theta,\phi)$$

Eigenvalues of \hat{L}^2 are $l(l+1)\hbar^2$, with l=0,1,2,...

I = principal angular momentum quantum number.

Determines the magnitude of the angular momentum.

Eigenvalues of \hat{L}_z are $m\hbar$, with $-l \le m \le l$

m = magnetic quantum number.

Determines the z-component of angular momentum.

The spherical harmonics are a complete orthonormal set for functions of two angles

$$\int d\Omega \ Y_{lm}^*(\theta,\phi)Y_{l'm'}(\theta,\phi) = \delta_{ll'}\delta_{mm'}$$

$$\int d\Omega = \int_{0}^{2\pi} d\phi \int_{0}^{\pi} d\theta \sin\theta$$

$$f(\theta,\phi) = \sum_{l=0}^{\infty} \sum_{m=-l}^{l} a_{lm} Y_{lm}(\theta,\phi)$$
$$a_{lm} = \int d\Omega Y_{lm}^{*}(\theta,\phi) f(\theta,\phi)$$